

Leander swimming club : Squad target criteria

| | | | | | |
|--------------------------|-------------------|--|---------------------------------------|--|-------------|
| Performance Squad | | | | | |
| | Age | | No age requirement | | |
| | Boys | | | | |
| 200 m events | | | Coach selects the swimmers | | |
| | Freestyle | | | | 2.04 |
| | Butterfly | | | | 2.16 |
| | Breastroke | | | | 2.36 |
| | Backstroke | | | | 2.21 |
| | I.M | | | | 2.19 |

| |
|---------------------------------|
| ATTENDANCE 95 % BIMONTLY |
|---------------------------------|

| | | | | | |
|--------------------------|-------------------|--|---------------------------------------|--|-------------|
| Performance Squad | | | | | |
| | Age | | No age requirement | | |
| | Boys | | | | |
| 100 m events | | | Coach selects the swimmers | | |
| | Freestyle | | | | 56 |
| | Butterfly | | | | 59 |
| | Breastroke | | | | 1.11 |
| | Backstroke | | | | 1.02 |
| | I.M | | | | |

Note: The swimmers in each squad are selected according to the coaches suggestions if the time criteria are not met
Times are based on national standings for each age group and Club top times in 25 meters pool

Leander swimming club : Squad target criteria

| | | | | | |
|--------------------------|-------------------|--|---------------------------------------|--|-------------|
| Performance Squad | | | | | |
| | Age | | No age requirement | | |
| | Girls | | | | |
| 200 m events | | | Coach selects the swimmers | | |
| | Freestyle | | | | 2.14 |
| | Butterfly | | | | 2.26 |
| | Breastroke | | | | 2.51 |
| | Backstroke | | | | 2.36 |
| | I.M | | | | 2.33 |

ATTENDANCE 95 % BIMONTLY

| | | | | | |
|--------------------------|-------------------|--|---------------------------------------|--|-------------|
| Performance Squad | | | | | |
| | Age | | No age requirement | | |
| | Girls | | | | |
| 100 m events | | | Coach selects the swimmers | | |
| | Freestyle | | | | 1.02 |
| | Butterfly | | | | 1.09 |
| | Breastroke | | | | 1.18 |
| | Backstroke | | | | 1.09 |
| | I.M | | | | |

Note: The swimmers in each squad are selected according to the coaches suggestions if the time criteria are not met
Times are based on national standings for each age group and Club top times in 25 meters pool

Leander swimming club : Squad target criteria

| Platinum Squad | | | 13 | 14 | 15+ |
|----------------|------|--|------|------|------|
| | Age | | | | |
| | Boys | | | | |
| 200 m events | | | | | |
| Freestyle | | | 2.14 | 2.12 | 2.06 |
| Butterfly | | | 2.31 | 2.25 | 2.21 |
| Breastroke | | | 2.55 | 2.51 | 2.45 |
| Backstroke | | | 2.45 | 2.35 | 2.25 |
| | I.M | | 2.35 | 2.31 | 2.25 |

| |
|--------------------------|
| ATTENDANCE 90 % BIMONTLY |
|--------------------------|

| Platinum Squad | | | 13 | 14 | 15+ |
|----------------|------|--|------|------|------|
| | Age | | | | |
| | Boys | | | | |
| 100 m events | | | | | |
| Freestyle | | | 1.03 | 59 | 56 |
| Butterfly | | | 1.08 | 1.05 | 1.01 |
| Breastroke | | | 1.26 | 1.21 | 1.15 |
| Backstroke | | | 1.12 | 1.07 | 1.05 |

Note: The swimmers in each squad are selected according to the coaches suggestions if the time criteria are not met
Times are based on national standings for each age group and Club top times in 25 meters pool

Leander swimming club : Squad target criteria

| Platinum Squad | | | | | |
|---------------------|-------------------|--|-------------|-------------|-------------|
| | Age | | 13 | 14 | 15+ |
| | Girls | | | | |
| 200 m events | | | | | |
| | Freestyle | | 2.22 | 2.18 | 2.15 |
| | Butterfly | | 2.41 | 2.37 | 2.32 |
| | Breastroke | | 3.05 | 2.57 | 2.55 |
| | Backstroke | | 2.47 | 2.41 | 2.37 |
| | I.M | | 2.48 | 2.42 | 2.35 |

ATTENDANCE 90 % BIMONTLY

| Platinum Squad | | | | | |
|---------------------|-------------------|--|-------------|-------------|-------------|
| | Age | | 13 | 14 | 15+ |
| | Girls | | | | |
| 100 m events | | | | | |
| | Freestyle | | 1.08 | 1.05 | 1.03 |
| | Butterfly | | 1.17 | 1.13 | 1.12 |
| | Breastroke | | 1.28 | 1.24 | 1.21 |
| | Backstroke | | 1.17 | 1.13 | 1.12 |

Note: The swimmers in each squad are selected according to the coaches suggestions if the time criteria are not met
Times are based on national standings for each age group and Club top times in 25 meters pool

Leander swimming club : Squad target criteria

| Jn. Platinum Squad | | | | | |
|---------------------|------|--|------|------|------|
| | Age | | 11 | 12 | 13 |
| | Boys | | | | |
| 200 m events | | | | | |
| Freestyle | | | 2.29 | 2.25 | 2.14 |
| Butterfly | | | 2.45 | 2.35 | 2.31 |
| Breastroke | | | 3.15 | 2.59 | 2.55 |
| Backstroke | | | 2.55 | 2.49 | 2.45 |
| | I.M | | 2.55 | 2.45 | 2.35 |

| |
|--------------------------|
| ATTENDANCE 85 % BIMONTLY |
|--------------------------|

| Jn. Platinum Squad | | | | | |
|---------------------|------|--|------|------|------|
| | Age | | 11 | 12 | 13 |
| | Boys | | | | |
| 100 m events | | | | | |
| Freestyle | | | 1.13 | 1.07 | 1.03 |
| Butterfly | | | 1.21 | 1.16 | 1.12 |
| Breastroke | | | 1.36 | 1.26 | 1.22 |
| Backstroke | | | 1.21 | 1.16 | 1.12 |

Note: The swimmers in each squad are selected according to the coaches suggestions if the time criteria are not met
Times are based on national standings for each age group and Club top times in 25 meters pool

Leander swimming club : Squad target criteria

| Jn. Platinum Squad | | | | | |
|---------------------|-------|--|------|------|------|
| | Age | | 11 | 12 | 13 |
| | Girls | | | | |
| 200 m events | | | | | |
| Freestyle | | | 2.32 | 2.27 | 2.22 |
| Butterfly | | | 2.48 | 2.45 | 2.41 |
| Breastroke | | | 3.25 | 3.15 | 3.05 |
| Backstroke | | | 2.55 | 2.52 | 2.47 |
| | I.M | | 2.57 | 2.52 | 2.48 |

| |
|--------------------------|
| ATTENDANCE 85 % BIMONTLY |
|--------------------------|

| Jn. Platinum Squad | | | | | |
|---------------------|-------|--|------|------|------|
| | Age | | 11 | 12 | 13 |
| | Girls | | | | |
| 100 m events | | | | | |
| Freestyle | | | 1.15 | 1.11 | 1.08 |
| Butterfly | | | 1.24 | 1.21 | 1.17 |
| Breastroke | | | 1.36 | 1.32 | 1.28 |
| Backstroke | | | 1.24 | 1.21 | 1.17 |

Note: The swimmers in each squad are selected according to the coaches suggestions if the time criteria are not met
Times are based on national standings for each age group and Club top times in 25 meters pool

Leander swimming club : Squad target criteria

| Jn. Gold Squad | | | | | |
|---------------------|-------------------|--|-------------|-------------|---------------|
| | Age | | 9 | 10 | 11 |
| | Boys | | | | |
| 200 m events | | | | | |
| | Freestyle | | 2.45 | 2.39 | 2.29+5 |
| | Butterfly | | 3.15 | 3.05 | 2.45+5 |
| | Breastroke | | 3.45 | 3.35 | 3.15+2 |
| | Backstroke | | 3.15 | 3.05 | 2.45+4 |
| | I.M | | 3.23 | 3.07 | 2.55+4 |

ATTENDANCE 85 % BIMONTLY

| Jn. Gold Squad | | | | | |
|---------------------|-------------------|--|-------------|-------------|---------------|
| | Age | | 9 | 10 | 11 |
| | Girls | | | | |
| 200 m events | | | | | |
| | Freestyle | | 2.48 | 2.39 | 2.29+4 |
| | Butterfly | | 3.15 | 3.05 | 2.45+4 |
| | Breastroke | | 3.48 | 3.38 | 3.18+3 |
| | Backstroke | | 3.15 | 3.05 | 2.45+3 |
| | I.M | | 3.23 | 3.07 | 2.55+2 |

**Note: The swimmers in each squad are selected according to the coaches suggestions if the time criteria are not met
Times are based on national standings for each age group and Club top times in 25 meters pool**